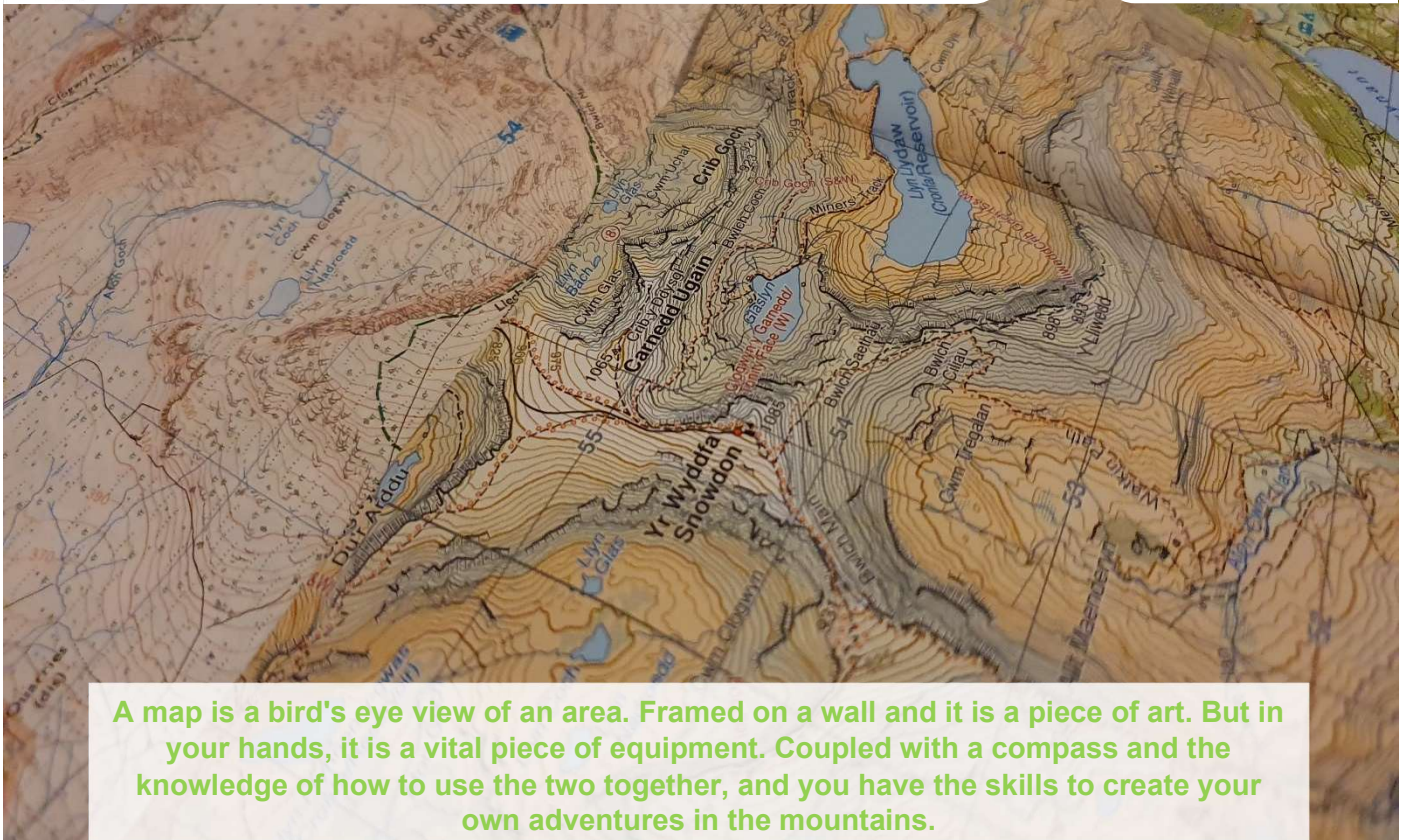


# Navigation



## INTRO TO NAVIGATION

The aim of this course is to take you from navigation newbie to being able to understand the basics of a map and compass and building the foundations for you to develop upon. The course will mainly stick to public footpaths and rights of way to make the learning experience as comfortable and beneficial as possible. The skills we will cover include:

- Conventional Symbols
- Maps scales and the grid system
- Orientating the map to the ground
- Identifying and using handrails
- Parts of a compass
- Contours and large features
- Measuring Distances
- Simple relocation

## PREVIOUS EXPERIENCE

You do not need any previous experience however some knowledge of hill walking is beneficial.

## MAPS/BOOKS/RESOURCES

- Harvey Maps – Superwalker XT25
- OS Maps - Explorer 1:25 000 scale
- 'Navigation in the Mountains' - Carlo Forte
- 'Hill Walking' – Steve Long
- [www.shavenraspberry.com](http://www.shavenraspberry.com) (Navigational aids)

## WHERE SHALL I MEET YOU?

*(details specified when booking)*

## COURSE TIMINGS:

We will meet at 09:00 and hope to be finished by 16:30

## BRIEF ITINERARY:

**09:00** Meet & Greet

Course intro & briefs

**09:45** Prep for walking

**10:00** Start our day in the Hill

**13:00** Stop for lunch

**16:30** Course finish, debrief & Thanks

Head to my FAQ page on my website for more general information

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